

Caerphilly Public Services Board Well-being Plan
Six Monthly Performance Report

Agenda Item 08—AA3

Date: 7th Sept 2020

Action Area: AA3 : Good health and well-being

Contribution to the 4 Well-being Objectives:

Positive Change—embedding prevention into all that we do
Positive Start— providing the Best start in life for current and future generations
Positive People—securing the best outcomes for current and future generations
Positive Places— improving services, improving health and well-being

Contribution to the 7 Well-being Goals:

The Good health and well-being delivery plan demonstrates how we are maximising contributions to all 7 Well-being Goals. These are : A prosperous Wales, A resilient Wales, A healthier Wales, A more equal Wales, A Wales of cohesive communities, A Wales of vibrant culture and thriving welsh language, A globally responsible Wales.

Performance measures where identifiable	Is there a risk this will not be achieved?
Reduce smoking prevalence to 16% by 2020	Yes
95% uptake of childhood immunisations	Yes
Flu immunisations—75% uptake in 65 year old and over	Yes
Flu immunisations—55% uptake in at risk groups age 6 months	Yes
60% uptake for bowel screening programme	Yes
70% uptake for breast screening programme	Yes
80% uptake for cervical screening programme	Yes

Evidence

Caerphilly has continued to progress the Good Health and Well-being Action Area, despite the difficulties posed by the recent pandemic. Since March 2020, many of our core services have had to adapt to very different ways of working, taking into account the safety of Caerphilly residents around social distancing. An example is that GPs can now use Attend Anywhere, allowing them to have face-to-face consultations with patients. Aneurin Bevan University Health Board recognises that not all residents have the ability to communicate electronically and, where this is the case, telephone triage is undertaken.

Test, Trace, Protect is being delivered through the NHS Wales Test, Trace, Protect service which includes a number of partners working together to help contain the spread of the virus from Public Health Wales, to the local Health Boards and Local Authorities in Wales, NHS Wales Informatics Service (NWIS) and others. To ensure effective delivery, these partners will be responsible for implementing one of the biggest public health interventions in a generation. The public will be our most important partners. It is only through their willingness to report their symptoms, identify their contacts and follow advice about self-isolating that we will be able to identify new cases and hotspots of coronavirus and prevent a new peak in cases occurring.

A new online course ‘Activate your life’ is now available to help residents and staff improve their mental health. Feeling worried or anxious can have a big impact on your health, and for some people life at the moment can be particularly difficult. Improvement Cymru for Public Health Wales is offering everyone in Wales over the age of 16 free access to an online self-help video course designed to help them understand their feelings, and enable them to take greater control of their actions so that day-to-day life can become less distressing and more enjoyable.



Ref	Key Tasks	Progress
AA3	Develop the Good health and well-being Action Area	This Action Area will be reviewed over the next few months to reflect stakeholder feedback, progress and recovery from COVID-19.
AA 3.1	Improve joint working with an emphasis on prevention to address current and future health challenges	<p>With the onset of the COVID-19 pandemic, the core work of the Integrated Well-being Networks was necessarily put on hold in March 2020. The IWN focus switched to support community information and mobilisation in response to the outbreak. A pan-Gwent IWN Facebook group - with now over 3000 members - was rapidly established to provide targeted, verified information to communities, whilst support was provided to emerging community mutual aid groups in various localities. In addition, the community well-being champions programme provided support through weekly COVID-19 newsletters and virtual coffee mornings, as well as dedicated consultation activities to gauge and bolster community engagement.</p> <p>To meet the challenges of the continuing pandemic, since July 2020, IWN has facilitated virtual collaborative meetings to explore we can collectively sustain and support well-being to enable post COVID-19 recovery, focused initially on Risca, Bargoed, New Tredegar, and Rhymney. A (largely virtual) Arts and Well-being festival with partners is scheduled for late August.</p>
AA 3.2	Invest in the well-being of our staff	<p>Work commenced across Public Sector organisations to develop a Healthy Travel Charter for staff . A baseline survey was undertaken and analysed to look at the travel habits of staff. This will need to be reviewed in light of the impact of COVID-19 on travel patterns.</p> <p>The Integrated Well-being Networks are holding a series of Workplace Well-being in the COVID era webinars.</p>
AA 3.3	Provide an integrated system of health, social care and well-being closer to home through the Neighbourhood Care Network	<p>Caerphilly Neighbourhood Care Networks (NCNs) are in discussions with Age Cymru to provide additional support around hospital discharge for those patients who are over 50. Where possible, this service will undertake face-to-face visits with individuals to ascertain their level of need. As a result of COVID 19, we have seen an increase in demand for residents requiring low-level mental health support. Caerphilly NCNs are working with MIND to provide a much-needed counselling service along with active monitoring. Sadly, not only have we seen an increase in our low-level mental health demand, but anecdotal evidence indicates a rise in domestic abuse. Consequently, the NCNs are again looking at commissioning additional capacity from Llamau.</p>
AA 3.4	Ensure front line staff have the necessary skills and expertise to provide joined up services that meet the needs of residents	<p>In response to COVID 19, Caerphilly South opened its first COVID Assessment Centre at Trethomas Health Centre, where local GP's provided rotational support for symptomatic COVID patients. The future around Trethomas Health Centre is exciting. Not only will it become our escalation hub, if and when we do have another spike in COVID cases, but will also become one of our integrated hubs in the south of Caerphilly as a fully integrated centre with teams such as Flying Start, Generic Health Visiting, Physiotherapy, Podiatry, Caerphilly Management Team and Primary Infant Mental Health Services. We are now looking at how we accommodate other chronic condition services such as Respiratory and Diabetes.</p>
AA 3.5	Work in close collaboration with the Regional Partnership Board for health and social care to ensure our individual priorities	Discussions are taking place at G10.
AA 3.6	Create a supportive environment that enables residents to manage their physical, mental and well-being needs in partnership	<p>During the pandemic, hundreds of Caerphilly CBC staff operated in a very different way, being redeployed to plan, co-ordinate and deliver the local COVID-19 Pandemic 'Buddy Scheme'. Crucially, this supported residents around shopping, prescriptions, befriending and well-being calls. Over 590 members of council staff willingly stepped forward to support the initiative, the majority in a purely voluntary capacity, and at its peak, the scheme supported over 1,560 people who otherwise would have had no other support; Work is ongoing with community groups to ensure those who still need support continue to receive it.</p>