

Caerphilly Public Services Board Well-being Plan
Six Monthly Performance

Date: 5th March 2019

Action Area: AA3 : Good health and well-being

Contribution to the 4 Well-being Objectives:

Positive Change—embedding prevention into all that we do

Positive Start— providing the Best start in life for current and future generations

Positive People—securing the best outcomes for current and future generations

Positive Places— improving services, improving health and well-being

Contribution to the 7 Well-being Goals:

The Good health and well-being delivery plan demonstrates how we are maximising contributions to all 7 Well-being Goals. These are : A prosperous Wales, A resilient Wales, A healthier Wales, A more equal Wales, A Wales of cohesive communities, A Wales of vibrant culture and thriving Welsh language, A globally responsible Wales.

Performance measures where identifiable	Is there a risk this will not be achieved?
Reduce smoking prevalence	
Achieve uptake targets in vaccinations	
Achieve targets in national screening programmes	
Qualitative measures	
In development	

Evidence

Good health and well-being Delivery Plan completed

Refreshed Caerphilly Neighbourhood Care Network Plans x3 submitted to Welsh Government—these are now aligned to key local strategic plans and policies including this Action Area. In addition to this all three NCN areas are in the process of developing a 'Plan on a Page' which summarises at a high level the plan.

Media campaigns promoting flu immunisations and Choose Pharmacy—common ailment service

Care Navigation training has been provided for all GP practice reception staff between September and Dec 2018 and currently the Vision and EMIS templates are being ratified with a view of going live in early March 2019.

A NCN and Third Sector workshop held 22nd November 2018


 Screening Champions Train the Trainer course held on 21st February

Ref	Key Tasks	Progress Year 1-2
AA3	Develop the Good health and well-being Action Area	The Delivery Plan for Good health and well-being has been developed and shared with other PSB Enablers and Action Areas. Joint working with other Enablers and Action Areas has begun. A workshop is planned for April 4th with the aim of developing actions further with key stakeholders, assess enablers and barriers and thus progress implementation of the plan.
AA 3.1	Improve joint working with an emphasis on prevention to address current and future health challenges	Utilised local media to promote uptake of flu immunisations. A Flu Communications Pack has been developed for primary schools to share messages with parents—all primary school age children are now eligible for Flu vaccination. E Learning Flu Awareness training has been promoted with front line staff across health and social care. Screening Champions Train the Trainer course held on 21st February. To increase informed choice in the population (which will hopefully increase uptake), a programme of Screening Champions training is to be developed in collaboration with third sector partners.
AA 3.2	Invest in the well-being of our staff	Staff well-being events held. Encouraging uptake of flu vaccination via e learning, media and internal communications. Vending machine provision changed to a healthier choice Joint project underway with Action Area 5 to develop green active travel routes in Tiryberth includes enhancing travel routes, improving access, biodiversity project, history project and links to schools. Collaborative, cross actions working to address physical and mental well-being.
AA 3.3	Provide an integrated system of health, social care and well-being closer to home through the Neighbourhood Care Network	All three NCN (Neighbourhood Care Network) plans have been reviewed and submitted to Welsh Government —these are now aligned to the key priorities of this action area, the Integrated Partnership Board and ABUHB's Integrated Medium Term Plan. All 3 plans are also aligned to the 5 Ways of Working and the 7 Well-being Goals. NCNs have agreed funding for health visitor projects including constipation training and safer sleeping . These initiatives also support Area Action 1—Best start in life. Refocused NCN meetings to encourage greater involvement of key stakeholders around the table using a workshop approach around key priorities with key actions and outcomes. NCN cluster workshops on obesity to be held early 2019. Caerphilly Winter Plan developed for all services who deliver front line and support services. Focuses on inclement weather and business continuity. 'Choose Pharmacy' - common ailment service promoted via local media and NCN clusters. Working closely with LA around period poverty and the March 2019 NCN meeting focus being "Poverty" in general and will incorporate period poverty.
AA 3.4	Ensure front line staff have the necessary skills and expertise to provide joined up services that meet the needs of residents	Care navigation training running between Sept—Dec18, has been provided for all GP practice reception staff which aims to direct patients to most appropriate service in a more timely fashion, the GP system templates are currently being ratified with a view to going live in early March 2019. Caerphilly wide NCN workshop on 22nd Nov 18 with third sector partners will raise awareness of services provided in Caerphilly and identify gaps in service which will be taken forward to form a work plan.
AA 3.5	Work in close collaboration with the Regional Partnership Board for health and social care to ensure our individual priorities	Reviewing current reporting governance frameworks within Caerphilly. Currently there is a multi partner management forum which provides support for NCN clusters and will act as a conduit to the Integrated Partnership Board. There is a requirement to improve the communication between the Gwent Regional Partnership Board, the Caerphilly PSB and the Integrated Partnership Board.
AA 3.6	Create a supportive environment that enables residents to manage their physical, mental and well-being needs in partnership	Making Every Contact Count training is being delivered to frontline staff. E learning is available for non-NHS staff. Preparations are underway to prepare for the new Smoke free legislation including raising awareness of organisation's responsibilities and building upon existing smoke free policies in schools, playgrounds and hospital sites.

Guidance sought from the Public Services Board