



**Caerphilly Public Services Board Well-being Plan
Six Monthly Performance Report**

AGENDA ITEM No. 05—AA3

Date: 25 May 2021

Action Area/ Enabler: Good Health and Well-being

Contribution to the 4 Well-being Objectives:

Positive Change— embedding prevention into all that we do

Positive Start— providing the Best start in life for current and future generations

Positive People—securing the best outcomes for current and future generations

Positive Places— improving services, improving health and well-being

Contribution to the 7 Well-being Goals:

The Good health and well-being delivery plan demonstrates how we are maximising contributions to all 7 Well-being Goals. These are : A prosperous Wales, A resilient Wales, A healthier Wales, A more equal Wales, A Wales of cohesive communities, A Wales of vibrant culture and thriving welsh language,

**Performance measures where identifiable
(see pages below)**

**Is there a risk this will
not be achieved?
(See pages below)**

Evidence

The Good health and well-being delivery plan was developed with a wide range of stakeholders, through a substantial engagement process in 2017/2018. The final content was informed by the Well-being Needs Assessment as well as professional and public input.

Priorities were agreed through a Future Well-being Generations lens. In March 2019 stakeholders came together again to review these priorities and focus on integrated solutions that could be taken forward by the PSB Stakeholders. All priorities were re-agreed.

Strong progress has been made in many of the priority areas, as reported to the PSB, however, since March 2020, many core services have had to adapt to very different ways of working, in response to Covid-19 and working to ensure the safety of Caerphilly residents and adjusting to social distancing. An example of this is that GPs can now use Attend Anywhere, allowing them to have face-to-face consultations with patients. It is recognised that not all residents have the ability to communicate electronically and, where this is the case, telephone triage is undertaken.

Supporting residents to access the right services is a huge area of work at the moment as well as the delivery of the vaccination programme. The community roll out of the vaccinations has had made great progress as can be gleaned from the Caerphilly statistics.

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<p>Smoking prevalence reduced to 16% by 2020. The national target hasn't changed and will remain as stated until the new tobacco plan for Wales is produced.</p> <p>Table 1: Smoking Cessation Services outcomes, 1 April to 31 December 2020 (no Q4 figures available)</p> <table border="1" data-bbox="170 339 1368 679"> <thead> <tr> <th>Period</th> <th>Number of Treated Smokers</th> <th>Number of Treated Smokers self-reported as quit</th> <th>% of Treated Smokers self-reported as quit</th> <th>% of the adult smoking population Treated (based on self-</th> </tr> </thead> <tbody> <tr> <td>Q1 2020-21</td> <td>781</td> <td>399</td> <td>51%</td> <td>0.9%</td> </tr> <tr> <td>Q2 2020-21</td> <td>541</td> <td>379</td> <td>70%</td> <td>0.6%</td> </tr> <tr> <td>Q3 2020-21</td> <td>570</td> <td>356</td> <td>62%</td> <td>0.6%</td> </tr> <tr> <td>Total</td> <td>1892</td> <td>1134</td> <td>60%</td> <td>2.1%</td> </tr> </tbody> </table>	Period	Number of Treated Smokers	Number of Treated Smokers self-reported as quit	% of Treated Smokers self-reported as quit	% of the adult smoking population Treated (based on self-	Q1 2020-21	781	399	51%	0.9%	Q2 2020-21	541	379	70%	0.6%	Q3 2020-21	570	356	62%	0.6%	Total	1892	1134	60%	2.1%	No
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<p>There should be a 95% uptake in childhood vaccinations, an uptake in flu immunisations as follows - 75% in 65-year olds and over and 55% in at risk groups aged 6 months to 64 years.</p> <p>Aneurin Bevan UHB & LA Summary Chart (Oct2020-Dec2020)</p> <table border="1" data-bbox="412 866 1541 1265"> <thead> <tr> <th>Age</th> <th>Vaccine</th> <th>Caerphilly</th> </tr> </thead> <tbody> <tr> <td rowspan="4">1 year</td> <td>6 in 1 primary*</td> <td>96.6%</td> </tr> <tr> <td>MenB (2 doses)</td> <td>96.8%</td> </tr> <tr> <td>PCV primary (2 doses)</td> <td>96.1%</td> </tr> <tr> <td>Rotavirus (2 doses)</td> <td>95.4%</td> </tr> <tr> <td rowspan="4">2 years</td> <td>Hib/MenC booster</td> <td>97.0%</td> </tr> <tr> <td>MMR (1 dose)</td> <td>97.0%</td> </tr> <tr> <td>PCV final (3 doses)</td> <td>97.0%</td> </tr> <tr> <td>MenB (Complete course)</td> <td>97.0%</td> </tr> </tbody> </table> <p>There should be uptakes in flu immunisations as follows - 75% in 65-year olds and over and 55% in at risk groups aged 6 months to 64 years. The following are the latest figures for Caerphilly Borough.:</p> <ul style="list-style-type: none"> • Children age 2-3 yrs.— Uptake 61.2% • Clinical Risk 6 months—64 yrs. Uptake 53.4% • 65yrs and older—77.5% 	Age	Vaccine	Caerphilly	1 year	6 in 1 primary*	96.6%	MenB (2 doses)	96.8%	PCV primary (2 doses)	96.1%	Rotavirus (2 doses)	95.4%	2 years	Hib/MenC booster	97.0%	MMR (1 dose)	97.0%	PCV final (3 doses)	97.0%	MenB (Complete course)	97.0%	No				
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Performance measures where identifiable (cont)	Is there a risk this will not be achieved?
<p>COVID-19 vaccination in CCBC area (up to 16/05/2021) Age 80 years and over: 96.2% (1st dose) 92.4% (2nd dose) Age 75-79: 97.1% (1st dose) 93.5% (2nd dose) Age 70-74: 97.1% (1st dose) 93.7% (2nd dose) Age 65-69: 95.6% (1st dose) 90.1% (2nd dose) Age 60-64: 94.8% (1st dose) 32.7% (2nd dose) Age 55-59: 93.0% (1st dose) 27.7% (2nd dose) Age 50-54: 90.9% (1st dose) 20.6% (2nd dose) Group (clinically extremely vulnerable 16-69): 94.8% (1st dose) 85.2% (2nd dose) Group (clinically at risk- 16-64): 90.1% (1st dose) 30.7% (2nd dose) Age 40-49: 86.8% (1st dose) 15.2% (2nd dose) Age 30-39: 76.9% (1st dose) 11.6% (2nd dose) Age 18-29: 23.3% (1st dose) 8.3% (2nd dose)</p>	<p>No — the roll out of the vaccinations is going well and targets are being achieved.</p>
<p>There should be an uptake in the following areas for national screening: 60% uptake for bowel; 70% uptake for breast; 80% for cervical.</p> <p>Screening Division state that annual reports have been delayed due to the Covid response. The most recent uptake data for Caerphilly are:</p> <p>Bowel = 58.8% (2018-19 uptake data) Breast = 72.8% (uptake for screening round as at 30/11/19) Cervical = 75.4% (coverage as at 1/4/18)</p>	<p>YES — Covid-19 and vaccination priorities may reduce capacity and engagement with residents and patients.</p>
<p>Age Cymru Gwent's Hospital Discharge Service (HDS) had 18 new service users (carried forward) on the last day of the quarter accessing the HDS. 6 were new referrals. Quarter monitoring 05 May 2021</p>	<p>No - targets are being achieved.</p>
<p>MIND have 54 active clients and have offered 195 counselling sessions.</p>	<p>No - targets are being achieved.</p>

Ref	Key Tasks	Progress
AA 3.1	<ul style="list-style-type: none"> • Promote and encourage people to avail of smoking cessation support and details of how this can be accessed. • Promote and encourage people to avail of screening services with details of how these can be accessed. • Promote positive messages about vaccinations and encourage reading from reputable resources. 	<ul style="list-style-type: none"> • See statistics above regarding smoking cessation. • Screening Division state that annual reports have been delayed due to the Covid response. See above for most recent uptake data for Caerphilly area. • V for Vaccination training is continuing and has been well received. Vaccination uptake and number of residents receiving their vaccination is very positive. See current figures for vaccinations in Caerphilly above.
AA3. 2	<p>INVEST IN THE WELL-BEING OF STAFF</p> <ul style="list-style-type: none"> • Ensure that Connect 5 training is rolled out to staff and monitor uptake and feedback. • Ensure up to date resources shared on Care First and alternative internal communications. 	<ul style="list-style-type: none"> • In Q1 Caerphilly Mind commissioned to deliver 24 modules (Projected target is to commission Caerphilly Mind to deliver 108 modules in Q 2-4 focus will be on delivering to health and social care staff) Total 132 modules for the year projected to take place at a minimum. • All health and well-being resources are shared on Care First and internal communications to support employees. • A CCBC Corporate Volunteering policy is being developed which is intended to enable staff to avail of opportunities and develop new skills and confidence and invest in the well-being of our staff.

Ref	Key Tasks	Progress
AA3.3	<p>Provide an integrated system of health, social care and well-being closer to home through the Neighbourhood Care Network</p> <p>Ensure synergies between the strategic priorities of the PSB, the three Neighbourhood Care Networks (NCN) and the Integrated Wellbeing Networks: encourage opportunities and promote delivery through:</p> <ul style="list-style-type: none"> • Green and community-based creative wellbeing initiatives, including appropriate social and more formalised 'prescribing' routes • Ensure synergy with other PSB workstreams especially: <ul style="list-style-type: none"> Caerphilly cares Preventing vulnerability/ inequality 	<ul style="list-style-type: none"> • Groundwork Wales are offering 10 spaces to residents to join a 6 week structured well-being programme with a specialist health coach. The session lasts up to 1.5 hours including a walking activity and time for support and a chat with the health coach. • IWN are developing Green Prescribing as a model— surgeries are now signed up for this project and a pilot will be delivered next month and into the summer. • There is contact with other PSB workstreams and partners attend meetings in other PSB areas to discuss working collaboratively and shared priorities.
<p>Cont below</p>		

Ref	Key Tasks	Progress
D	<p>Create a supportive environment that enables communities and residents to manage their health and wellbeing, appropriately in partnership with services.</p> <ul style="list-style-type: none"> Develop place-based approaches to enable community wellbeing and empower residents to access support services and get involved in funding opportunities. Ensure promotion and awareness of local services in the following areas: Reducing loneliness through 'Ffrind i mi' Mental health services to residents in partnership with Caerphilly MIND and MELO Promotion of support for digital exclusion Support the roll out of Iris in partnership with Llamau 	<p>Monthly Wellbeing Friends Coffee Mornings have been running since January 2021. On average, there are between 10/12 attendees. Each coffee morning has an initial Covid regulations update, 1 to 2 speakers and a section for people to ask for support, or to tell the group of ongoing or new work.</p> <p>Talks have consisted of;</p> <p>Dementia Friends Summary talk ; Reminiscence Session; Alzheimers Society - Herbert Protocol; British Liver Trust; Victim Support ; Caerphilly Arts and Cwtch Festival Information; Smart Money Cymru - Financial Wellbeing; Small Woodlands Trust ; Feedback from community groups and uptake in services for health and well-being groups in local areas.;</p> <ul style="list-style-type: none"> Place based collectives held in focus areas: Bargoed, Rhymney, New Tredegar and Rhymney held bimonthly. Monthly well-being coffee mornings taking place with agency partners. V for Vaccination training has been delivered across Caerphilly to respond to vaccination hesitancy and promote reputable resources for additional information. Covid IMT supported by IWN lead re community intelligence and information Ffrind I mi is ongoing—no new updates currently. See above for up to date statistics regarding mental health services being delivered to residents by MIND. Work has been supported around digital exclusion in Risca and there are plans to move it to other areas. IRIS is being rolled out across GP practices in Caerphilly borough.
<p>Guidance sought from the Public Services Board:</p>		