



Caerphilly Public Services Board Well-being Plan Performance Report

6 monthly report April – Sept 2021

Good Health and Well-being

Action Area 3

Good Health and Well-being is one of 5 Action Areas within The Caerphilly We Want Well-being Plan 2018-23. It supports the achievement of the plan's 4 Well-being Objectives:

Objective 1: Positive Change - A shared commitment to improving the way we work together

Objective 2: Positive Start - Giving our future generations the best start in life

Objective 3: Positive People - Empowering and enabling all our residents to achieve their own potential

Objective 4: Positive Places - Enabling our communities to be resilient and sustainable

Alison Gough

30/09/2021

Performance Levels

Outcome	Is there a risk this will not be achieved
<p>AA.3.1 Outcome 1 – Working with public health on promoting good health such as smoking cessation. Smoking prevalence reduced to 16% by 2020.</p> <p>AA.3.1 Outcome 2 – Working with public health to achieve uptake in childhood vaccinations flu vaccinations and Covid -19 vaccinations There should be a 95% uptake in childhood vaccinations, an uptake in flu immunisations as follows - 75% in 65-year-olds and over and 55% in at risk groups aged 6 months to 64 years.</p> <p>See below for Caerphilly area Covid 19 vaccinations update.</p> <p>AA.3.1 Outcome 3 – Achieve targets in national screening programmes. There should be an uptake in the following areas for national screening: 60% uptake for bowel; 70% uptake for breast; 80% for cervical.</p> <p>AA3.1 Outcome 4 – Working with partner agencies to promote good mental health and awareness of available services such as counselling with Caerphilly Mind, Hospital Discharge Service with Age Cymru Gwent, MELO website and the Green Nature Prescribing Initiative. Working with GP's to ensure working knowledge of the Green Nature Prescribing initiative. Promote MELO website and resources. Promote resources and access to Caerphilly MIND and Age Cymru Gwent.</p> <p>AA3.2 Outcome 1 – Ensure relevant information sharing and access to up-to-date resources such as Care First and MELO Connect 5 training. Caerphilly Council staff will have access to an Employee Volunteering Scheme. Roll out MELO Connect 5 training to staff and evaluate uptake. Work with communications teams to distribute documents and resources related to well-being. The Employee Volunteering Scheme is linked to staff well-being and provides benefits to partner agencies.</p>	<p>No</p>

AA3.3 Outcome 1 – Improved delivery of preventative and effective services in each geographical area. Improved awareness and access to services provided locally. Ensure strategic priorities between the NCN, IWN and PSB are linked and are working together.

AA3.4 Outcome 1 - More communities and residents engaged and involved in place-based discussions and decisions regarding health and wellbeing.

Feedback from community groups and uptake in services for health and well-being groups in local areas.

EVIDENCE

(See Appendix below)

Key Tasks

Ref	Task	Progress
AA 3.1	Promote and encourage people to avail of smoking cessation support and details of how this can be accessed. Promote and encourage people to avail of screening services with details of how these can be accessed. Promote positive messages about vaccinations and encourage reading from reputable resources.	See statistics above regarding smoking cessation. Screening Division state that annual reports have been delayed due to the Covid response. See above for most recent uptake data for Caerphilly area. V for Vaccination training is continuing and has been well received. Vaccination uptake and number of residents receiving their vaccination is very positive. See current figures for vaccinations in Caerphilly above.
AA 3.2	INVEST IN THE WELL-BEING OF STAFF · Ensure that Connect 5 training is rolled out to staff and monitor uptake and feedback. Ensure up to date resources shared on Care First and alternative internal communications	In Q1 Caerphilly Mind commissioned to deliver 24 modules Projected target is to commission Caerphilly Mind to deliver 108 modules in Q 2-4 focus will be on delivering to health and social care staff) Total 132 modules for the year projected to take place at a minimum. All health and well-being resources are shared on Care First and internal communications to support employees. A CCBC Corporate Volunteering policy is being developed which is intended to enable staff to avail of opportunities and

		develop new skills and confidence and invest in the well-being of our staff.
AA3.3	<p>Provide an integrated system of health, social care and well-being closer to home through the Neighbourhood Care Network Ensure synergies between the strategic priorities of the PSB, the three Neighbourhood Care Networks (NCN) and the Integrated Wellbeing Networks: encourage opportunities and promote delivery through: Green and community-based creative wellbeing initiatives, including appropriate social and more formalised 'prescribing' routes Ensure synergy with other PSB workstreams especially: Caerphilly cares Preventing vulnerability/ inequality Town centre recovery</p>	<p>Groundwork Wales are offering 10 spaces to residents to join a 6-week structured well-being programme with a specialist health coach. The session lasts up to 1.5 hours including a walking activity and time for support and a chat with the health coach. IWN are developing Green Prescribing as a model— surgeries are now signed up for this project and a pilot will be delivered next month and into the summer. There is contact with other PSB workstreams and partners attend meetings in other PSB areas to discuss working collaboratively and shared priorities.</p>
AA 3.4	<p>Create a supportive environment that enables communities and residents to manage their health and wellbeing, appropriately in partnership with services. Develop place-based approaches to enable community wellbeing and empower residents to access support services and get involved in funding opportunities. Ensure promotion and awareness of local services in the following areas: Reducing loneliness through 'Ffrind i mi' Mental health services to residents in partnership with Caerphilly MIND and MELO Promotion of support for digital exclusion Support the roll out of Iris in partnership with Llamau</p>	<p>Monthly Wellbeing Friends Coffee Mornings have been running since January 2021. On average, there are between 10/12 attendees. Each coffee morning has an initial Covid regulations update, 1 to 2 speakers and a section for people to ask for support, or to tell the group of ongoing or new work. Talks have consisted of; Dementia Friends Summary talk Reminiscence Session, Alheimers Society - Herbert Protocol, British Liver Trust, Victim Support, Caerphilly Arts and Cwtch Festival Information, Smart Money Cymru - Financial Wellbeing Small Woodlands Trust Feedback from community groups and uptake in services for health and well-being groups in local areas. Place based collectives held in focus areas: Bargoed, Rhymney, New Tredegar and Rhymney held bimonthly. Monthly well-being coffee mornings taking place with agency partners. V for Vaccination training has been delivered across Caerphilly to respond to vaccination hesitancy and promote reputable resources for additional</p>

		<p>information. Covid IMT supported by IWN lead re community intelligence and information Ffrind I mi is ongoing—no new updates currently. See above for up-to-date statistics regarding mental health services being delivered to residents by MIND. Work has been supported around digital exclusion in Risca and there are plans to move it to other areas. IRIS is being rolled out across GP practices in Caerphilly borough.</p>

Conclusion

This review has taken place at a halfway point of delivery and during the COVID-19 pandemic. The transformation of health and wellbeing services which consists of integrated and whole systems approach is continuing. The impact of the COVID-19 pandemic is an increased demand on health services and possible longer-term health implications as many health services have been on hold or working with reduced provision.

Additionally, demand for healthcare is growing because of many factors such as an ageing population, patients living longer and with more complex needs which intensifies the challenges faced by the NHS, social care providers, local authority and our third sector partners.

The actions within this delivery plan have been reviewed and updated to reflect PSB partnership working within the Covid-19 pandemic.

Appendix

Smoking prevalence reduced to 16% by 2020.

The national target hasn't changed and will remain as stated until the new tobacco plan for Wales is produced.

Table 1: Smoking Cessation Services outcomes, 1 April to 31 December 2020 (no Q4 figures available)

Period	Number of Treated Smokers	Number of Treated Smokers self-reported as quit	% of Treated Smokers self-reported as quit	% of the adult smoking population Treated (based on self-reported data)
Q1 2020-21	781	399	51%	0.9%
Q2 2020-21	541	379	70%	0.6%
Q3 2020-21	570	356	62%	0.6%
Total	1892	1134	60%	2.1%

Non-Covid-19 Vaccinations

There should be a 95% uptake in childhood vaccinations, an uptake in flu immunisations as follows - 75% in 65-year-olds and over and 55% in at risk groups aged 6 months to 64 years.

There should be uptakes in flu immunisations as follows – 75% in 65-year-olds and over and 55% in at risk groups aged 6 months to 64 years.

The following are the latest figures for Caerphilly Borough.

Children age 2-3 yrs.— Uptake 61.2%

Clinical Risk 6 months—64 yrs. Uptake 53.4%

65yrs and older—77.5%

COVID-19 vaccination in CCBC area (up to 16/05/2021)

Age 80 years and over: 96.2% (1st dose) 92.4% (2nd dose)

Age 75-79: 97.1% (1st dose) 93.5% (2nd dose)

Age 70-74: 97.1% (1st dose) 93.7% (2nd dose)

Age 65-69: 95.6% (1st dose) 90.1% (2nd dose)

Age 60-64: 94.8% (1st dose) 32.7% (2nd dose)

Age 55-59: 93.0% (1st dose) 27.7% (2nd dose)

Age 50-54: 90.9% (1st dose) 20.6% (2nd dose)

Group (clinically extremely vulnerable 16-69): 94.8% (1st dose) 85.2% (2nd dose)

Group (clinically at risk- 16-64): 90.1% (1st dose) 30.7% (2nd dose)

Age 40-49: 86.8% (1st dose) 15.2% (2nd dose)

Age 30-39: 76.9% (1st dose) 11.6% (2nd dose)

Age 18-29: 23.3% (1st dose) 8.3% (2nd dose)

Screening

There should be an uptake in the following areas for national screening: 60% uptake for bowel; 70% uptake for breast; 80% for cervical.

Screening Division state that annual reports have been delayed due to the Covid response.

The most recent uptake data for Caerphilly are:

Bowel = 58.8% (2018-19 uptake data)

Breast = 72.8% (uptake for screening round as at 30/11/19)

Cervical = 75.4% (coverage as at 1/4/18)

Older People

Age Cymru Gwent's Hospital Discharge Service (HDS) had 18 new service users (carried forward) on the last day of the quarter accessing the HDS. 6 were new referrals. Quarter monitoring **05 May 2021**

Mental Health

MIND have 54 active clients and have offered 195 counselling sessions.